



**TGIFF**  
THANKGOODNESSIT'SFISHFRIDAY

*We joined the*  
**FISH FRIDAY MOVEMENT**  
*that's sweeping the nation*

***Because it's the right thing to do for students' health.***

We serve fish every Friday because there's nothing more important than the health of our students. Seafood has so many nutritious benefits that the USDA recommends eating it twice a week. Join us in making students healthier and encourage your child to try fish on Fridays.

**Find out more about the #TGIF movement  
at [www.TGIF.org](http://www.TGIF.org)**



**HIGH LINER FOODS**  
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